



Susquehanna Trail Dog Training Club

April 2016

Old Friends
by Connie Cuff



Actual Age	Age Under 20 lbs.	Age 20-50 lbs.	Age 51-90 lbs.	Age 90+ lbs.
6 yrs.	40	42	45	49
8 yrs.	48	51	55	64
10 yrs.	56	60	66	78
12 yrs.	64	69	77	93
14 yrs.	72	78	88	108

This is a table which shows the age of your dog to compare in human years. Many of us have used the 7 yr. figure, but this shows your dog at its weight which gives you a better picture of his actual age.

There have been articles written about the benefits of coconut oil for both humans and pets, but if you choose to use it, be sure to purchase a non hydrogenated coconut oil. No one has tested the effects on dogs in clinical trials, but the anecdotal evidence is impressive. Reports published describe how overweight dogs become lean and energetic, shabby coats become glossy and dogs with arthritis or ligament problems grow stronger and more lively. Other reports - internally - help with itchy skin, ear problems; and topically - bites, stings, ear infections

and cuts.

As for the dosage, you should start small. The optimum dose for dogs is 1 tbsp. per 30 lb. It can be added to the dog's food. This may not be for every dog, but I have used it with Cagney since he was a puppy with no ill-effects. If anyone is interested, I can furnish you with a copy of an article that was published in the Whole Dog Journal.

All dogs can benefit from probiotics, which aid digestion and modulate the immune system. Probiotics may help prevent urinary tract infections, and can even reduce allergic reactions. By adding a tbsp. of yogurt, which should contain live cultures, to your dog's food may be beneficial to the health of your pet.

There has been a question about Seresto collars for flea and tick protection. Marjean has used them on her dogs and they are working well. They are expensive (about \$45 on chewy.com) and provide 8 mos. protection. They are safe for puppies over 7 weeks of age. Her vet recommends these collars over the spot treatment.

If you wish to make a repellent for you pet to add extra protection on a hike in the woods you can make this homemade solution:

Add 1 cup of water to a spray bottle, followed by 2 cups of distilled white vinegar. Ticks hate the smell and taste of vinegar, and will be easily repelled by this ingredient alone. Then add 2 tbsp. of vegetable or almond oil, which both contain sulfur.

Till next time,

Connie

Minutes (March 1, 2016)

submitted by Connie Cuff

President's Report

Thanks to all who have paid their dues and up-dated their shot records. They can be given to me throughout the year as your dogs go for check-ups. Rabies Certificate is all that is needed.

There is a therapy visit on Monday, Mar. 7 at Buffalo Valley in Lewisburg at 6:30 and another at Penn Lutheran in Selinsgrove on March 21. Anyone may visit as long as your dog has a current rabies certificate and gets along with other dogs. This is a good chance to see if you and your dog would enjoy therapy work.

When coming into the gym for class please move away from the door and go to the sides of the gym since dogs are excited coming in and it makes it easier for everyone to get in.

Our classes will remain at the Center until the weather improves and conditions at the Marina are suitable. Once we move to outside classes and must deal with rainy weather everyone should check emails or the website before leaving for class

Anyone who has completed the CGC is welcome to join the advanced class at 6:15 pm. If you feel your dog needs more work you are welcome to continue in the beginner's class

The meeting ended by singing Happy Birthday to Sara Fry and the dogs all enjoyed tasty "pupcakes" courtesy of Myra Deitrick in honor of Toby's birthday.



Notes and Notices



We congratulate the Star Puppy Grads:

Andrew Morris with Piper; Theresa Krumbine with Maizie; Robert Henry with Justice; Holly & Sunny Heller with Winner; Stan Wirth and Thelma Wagner with Maddie

For those who are interested, there is a Milton Bark for Life Dog Walk event, a Canine Event to Fight Cancer being held at Brown Ave. Park, Milton on Saturday, May 21, 2016.

Registration begins 9:00am, Dog Walk begins 10:00am, Registration \$10 per dog.

We will be attending the Emergency Prep at the Training Center USP complex in Allenwood on Thurs., May 12 from 9:00am - 12:00pm. If you are interested, please sign up at class or email Connie.

Classes will resume at the Shikellamy State Park sometime in May. We must have enough evening daylight since we have classes until 8:00pm. The day will be announced on our web site and by email. We do need to deal with weather so I post cancellations on our web site and emails by 5:00pm. Please check this before coming.

Dagny Leininger, DVM will do a presentation on acupuncture at class on Tues. April 12 at 7:15pm. She will discuss and field questions on the benefits of this worthwhile procedure for our pets.

If anyone is interested in having their dog certified to become a therapy dog, please speak to Connie so she can go over requirements to prepare your dog for testing. If you feel this is something you would like to do, I encourage you to come to a visit at a nursing home to see that both you and your dog enjoy doing this.

New people being referred to us should get in touch with us by phone call or email before coming to class. We need to prepare them for what is necessary to bring with them and at what time they should attend.

Once again, we will attend the Mt. Carmel Street Fair on Saturday, May 14. The people are very welcome and enjoy visiting with our dogs. The time will be announced.

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

April 4 (Mon)	CSIU Work Foundations, Sunbury 5 Star, Sunbury Grayson View, Selinsgrove	11:30am 1:00pm 6:30pm
April 6 (Wed)	Riverwoods Heritage Springs	10:00am 11:15am
April 7 (Thurs)	Vintage Knolls Geisinger Rehab, Health South	1:00pm 2:00pm
April 12 (Tues)	Dog Class, Selinsgrove Center, Dagny Leininger, DVM Acupuncture Presentation	7:15pm
April 13 (Wed)	Riverwoods Heritage Springs	10:00am 11:15am
April 14 (Thurs)	Shamokin Hospital Life Geisinger	12:45pm 1:45pm
April 16 (Sat)	Spring Fest, Bloomsburg University, Upper Campus	11am - 2pm
April 18 (Mon)	Nottingham Village	6:30pm
April 19 (Tues)	Maximum Prison, Allenwood (NCIC only)	12:00pm
April 20 (Wed)	Riverwoods Heritage Springs	10:00am 11:15am
April 21 (Thurs)	Sunbury Hospital Mansion Nursing Home Manor Care	1:00pm 2:00pm 2:45pm
April 25 (Mon)	Bucknell University	6pm - 8pm
April 27 (Wed)	Riverwoods Heritage Springs Bucknell University, Engineering Bldg. (Therapy Dogs)	10:00am 11:15am 1pm - 3pm
April 28 (Thurs)	Bloomsburg University on the Quad (finals) Holy Family Convent Geisinger Rehab, Health South Maria Hall	9am - 11am 1:00pm 1:45pm 2:30pm

Newsletter coordinator: Brandon Pastuszek
E-mail: brandon@stdtc.org
Club web site: <http://www.stdtc.org>

April 2016

March 2016

S	M	T	W	T	F	S
	1	2	3	4	5	
	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
	27	28	29	30	31	

April 2016

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			17	18	19	20
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			27	28	29	30

May 2016

S	M	T	W	T	F	S
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	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30	31			

■ Susquehanna Trail Dog Training Club
 ■ US Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Easter	28	29 ■ 6:15 PM Training ■ 6:45 PM AKC STAR Puppy Class ■ 7:15 PM Beginner Training	30 ■ 10:00 AM Riverwoods	31 ■ 1:00 PM Holy Family Convent ■ 1:45 PM Geisinger Rehab-Health South ■ 2:30 PM Maria Hall	1 April Fools Day	2
3	4 ■ 11:30 AM CSIU Work Foundations ■ 1:00 PM 5 Star ■ 6:30 PM Grayson View	5 ■ 6:15 PM Training ■ 6:45 PM AKC STAR Puppy Class ■ 7:15 PM Beginner Training	6 ■ 10:00 AM Riverwoods ■ 11:15 AM Heritage Springs	7 ■ 1:00 PM Vintage Knolls ■ 2:00 PM Geisinger Rehab, Health South	8	9
10	11 ■ 6:30 PM Nottingham Village	12 ■ 6:15 PM Training ■ 6:45 PM AKC STAR Puppy Class ■ 7:15 PM Beginner Training ■ 7:15 PM Acupuncture Presentation	13 ■ 10:00 AM Riverwoods ■ 11:15 AM Heritage Springs	14 ■ 12:45 PM Shamokin Hospital ■ 1:45 PM Life Geisinger	15 Tax Day	16 ■ 11:00 AM Spring Fest
17	18 ■ 6:00 PM Bucknell University	19 ■ 12:00 PM Maximum Prison, Allenwood (NCIC only) ■ 6:15 PM Training ■ 6:45 PM AKC STAR Puppy Class ■ 7:15 PM Beginner Training	20 ■ 10:00 AM Riverwoods ■ 11:15 AM Heritage Springs	21 ■ 1:00 PM Sunbury Community Hospital ■ 2:00 PM Mansion Nursing Home ■ 2:45 PM Manor Care	22 Earth Day	23
24	25 ■ 6:00 PM Bucknell University	26 ■ 6:15 PM Training ■ 6:45 PM AKC STAR Puppy Class ■ 7:15 PM Beginner Training	27 ■ 10:00 AM Riverwoods ■ 11:15 AM Heritage Springs ■ 1:00 PM Bucknell University, Engineering Bldg.	28 ■ 9:00 AM Bloomsburg University on the Quad ■ 1:00 PM Holy Family Convent ■ 1:45 PM Geisinger Rehab-Health South ■ 2:30 PM Maria Hall	29	30