



Susquehanna Trail Dog Training Club

Old Friends by Connie Cuff

With winter upon us we should try to figure out situations which would be better for our dogs, even though we like to take them everywhere with us.



How many of us go to the grocery store or shopping and do not want to leave our dogs home alone? Thinking of the summer months and how hot a car can get, it can also act as a refrigerator in the winter and become much colder, it has no insulation.

Now if you have a heavy coated dog with a thick coat it will probably fair well. But once it drops below 45 degrees many dogs with thin coats will become uncomfortable and can develop hypothermia while you are shopping. Smaller dogs have a greater safety hazard.

If you plan on a short trip, using blankets to trap their body heat, it may work if you feel the need to take your dog with you.

Now to leaving your dog at home, especially if you are working or other necessary trips. There is an easy and surefire way to calm an anxious dog by leaving on some music. Studies have shown that music is calming, but not just any music. Dogs do not like heavy metal. Classical, pop, reggae and Motown seem to work well.

The application process is:

1. Play the music at a much lower volume than you normally would, even low enough that you barely hear it. Dogs pick up sound four times farther away than we can.
2. Use different playlists. You may not want to keep hearing the same music over and over and dogs don't either.

3. Nothing harsh or booming. Keep it fairly melodious.

4. Don't only put music on when you're going out. If you play music only in your absence, your dog will begin to associate it with your not being there, and that could make him feel uneasy.

A quote from "Dixie": *"The theory of training is to get the maximum response from the dog and keep him happy. Train smarter, not harder."*

Till next time,

Connie



Notes and Notices



We send sympathies to the family of Suzy Smith who passed away. She had been a member of our Club with Cooper, her Yorkie. She came and took pictures at our classes and loved doing photography. Our Club donated to her memorial at her church.

We will be purchasing 3 dog masks for the Stonington Fire Co. We had been in touch and they requested them.

We continue with classes at the Selinsgrove Center with Advanced, Beginners and Star Puppy. If anyone would like to join classes with us, I ask that they go to our web site and Brandon will forward a message so I am able to get in touch before you come to class.

We received a thank you from Mostly Mutts for our donation to them at Christmas.

Congratulations to **Jen Fleck** with **Cash** and **Janice Renock** with **Gabby** for passing the CGC test.

On Sunday, Feb. 11 Kelly will have a set up for us to take pictures of our dog for Valentine's Day. Everyone should have their phone to use and bring a valentine bandana or bow tie. We will be doing this at all of our classes. We thank Kelly for doing this for us.



UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

Feb. 1 (Thurs)	Geisinger Rehab, Health South	1:00 pm
Feb. 1 (Mon)	5 Star (Certified Only)	12:00 pm
Feb. 7 (Wed)	Riverwoods, Lewisburg	10:00 am
Feb. 8 (Thurs)	Mountain View Manor, Trevorton	1:30 pm
Feb. 9 (Fri)	Shikellamy High School (ATD Only)	7:45 am – 9:30 am
Feb. 14 (Wed)	Heritage Springs <i>Happy Valentine's Day</i>	10:00 am
Feb. 15 (Thurs)	Mansion Nursing Home, Sunbury	10:30 am
Feb. 16 (Fri)	Bucknell University, Langone Center downhill Lobby (ATD Only)	7:00 pm – 10:00 pm
Feb. 19 (Mon)	Columbia County Prison, Bloomsburg (Certified only)	1:15pm
Feb. 20 (Tues)	Nottingham Assisted Living, Northumberland	6:00 pm
Feb. 21 (Wed)	Riverwoods, Lewisburg	10:00 am
	ATD-Federal Prison Badge Training/Recertify (Lewisburg Federal Prison Training Center – sign up required)	10:00 am
Feb. 27 (Tues)	Lewisburg Federal Prison, Main and Camp (Badged only)	12:00 pm
Feb. 28 (Wed)	Heritage Springs, Lewisburg	10:00 am
Feb. 29 (Thurs)	Geisinger Rehab, Health South Ward L. Myers Elementary School, Muncy - Family Reading Night (ATD Only – sign up required)	1:00 pm 6:30 pm

SUN 28	MON 29	TUE 30	WED 31	THU Feb 1	FRI 2	SAT 3
<ul style="list-style-type: none"> ● 1pm Advanced Training ● 2pm Beginner Training 		<ul style="list-style-type: none"> ● 12pm Lewisburg Max & 	<ul style="list-style-type: none"> ● 10am Heritage Springs 	<ul style="list-style-type: none"> ● 1pm Health South Geis 		
<p>4</p> <ul style="list-style-type: none"> ● 1pm Advanced Training ● 2pm Beginner Training 	<p>5</p> <ul style="list-style-type: none"> ● 12pm 5 Star (certified c 	<p>6</p>	<p>7</p> <ul style="list-style-type: none"> ● 10am Riverwoods 	<p>8</p> <ul style="list-style-type: none"> ● 1:30pm Mountain View 	<p>9</p> <ul style="list-style-type: none"> ● 7:45am Shikellamy Hig 	<p>10</p>
<p>11</p> <ul style="list-style-type: none"> ● 1pm Advanced Training ● 2pm Beginner Training 	<p>12</p>	<p>13</p>	<p>14</p> <ul style="list-style-type: none"> ● 10am Heritage Springs 	<p>15</p> <ul style="list-style-type: none"> ● 10:30am Mansion Nurs 	<p>16</p> <ul style="list-style-type: none"> ● 7pm Bucknell ATD only 	<p>17</p>
<p>18</p> <ul style="list-style-type: none"> ● 1pm Advanced Training ● 2pm Beginner Training 	<p>19</p> <ul style="list-style-type: none"> ● 1:15pm Columbia Coun 	<p>20</p> <ul style="list-style-type: none"> ● 6pm Nottingham Assis 	<p>21</p> <ul style="list-style-type: none"> ● 10am Riverwoods 	<p>22</p>	<p>23</p>	<p>24</p>
<p>25</p> <ul style="list-style-type: none"> ● 1pm Advanced Training ● 2pm Beginner Training 	<p>26</p>	<p>27</p> <ul style="list-style-type: none"> ● 12pm Lewisburg Max & 	<p>28</p> <ul style="list-style-type: none"> ● 10am Heritage Springs 	<p>29</p> <ul style="list-style-type: none"> ● 1pm Health South Geis ● 6:30pm Family Reading 	<p>Mar 1</p>	<p>2</p>