



Susquehanna Trail Dog Training Club

Old Friends by *Connie Cuff*

As we begin a New Year, let's look into a Crystal Ball and see what dogs are telling us. We often do things that please us but dogs may "tell US" something different.



First, look at your dog and into his eyes. His expression can tell you a lot how he is feeling. They seem to be watching us all the time to let us know what is on their mind. Ex. Time to eat (Patty knows when it is 3:00 pm), need to potty, sound of car keys tells them they are going somewhere (Marina)

We want our dogs to be happy and even though we get busy with our own activities, they are looking for things that can stimulate them which is important.

Everyone should walk their dog, and let them do some sniffing. Dogs like to have a companion dog to walk with and that can be a good time to work on leash training as well. You can vary where you walk. Work some training into your walk and mix it up to keep it mentally stimulating (Parkour).

With winter months and being isolated indoors, dogs can have fun playing hide and seek, you can hide treats around the house for "go find". Maybe rearranging a few pieces of furniture to do some weaving and obedience work.

There are stimulation toys, snuffle mats, food dispensing toys that can be filled with the dog's meal. You can use a muffin pan with treats and place a tennis ball on top of each cup for the dog to use his nose or paw to release the treat.

The New Year is a good time to evaluate what we can do better to engage our dogs with us and make for a better relationship with our Companion.

Happy New Year to all.

Till next time,
Connie



Notes and Notices



Our year with STDTC has been filled with lots of classes and Therapy Dog visits. I wish to thank everyone for participating and making our Club rewarding and a fun place to get together and socialize with our dogs.

We have certified quite a few dogs with CGC, ATD and **Tracy** does an amazing job with the Star Puppy classes. We all enjoyed a wonderful get together at the Club Picnic with good food, the Chinese Auction and **Ida's** set up for picnic pictures. Hope we can see more participants in 2025.

Thanks goes to **Myra Dietrich** for organizing visits, **Kelly Pastuszek** for working on visits at Bucknell and the prisons and Newsletters with **Brandon, Sara Fry, Wendy Rote, Jim Smith** and **Jim Hepner** for testing for ATD and **Wendy Rote** for organizing Parkour.

We were able to donate Dog Masks to 3 Fire Companies, 3 dog rescues/food bank and our trip to the VA Home in Hollidaysburg to visit Veterans.

Our sympathies go out to **Kelly & Joe Pastuszek** with the loss of their Bernese Mountain Dog, **Dozer**. He spent his life, giving joy and smiles to everyone. He will be sadly missed.

When you take your dog to the Vet this year, please have them copy your Rabies Certificate for our records.

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

Jan. 1 (Wed)	Happy New Year!	
Jan. 2 (Thurs)	Geisinger Rehab, Health South (Certified only)	1:00 pm
Jan. 6 (Mon)	5 Star (Certified only)	12:15pm – 2:00 pm
Jan. 7 (Tues)	Line Mountain High School (ATD only)	12:30 pm
Jan. 8 (Wed)	Riverwoods	10:00 am
Jan. 9 (Thurs)	Mt. View Manor	1:30 pm
Jan. 14 (Tues)	Lewisburg Federal Prison – Main (Badged only)	12:00 pm
Jan. 15 (Wed)	Heritage Springs Buffalo Valley	10:00 am 10:45 am
Jan. 16 (Thurs)	Mansion	1:30 pm
Jan. 17 (Fri)	Shikellamy HS (ATD only)	8:00 am – 10:00 am
Jan. 21 (Tues)	Allenwood Federal Prison – Medium (Badged only)	12:00 pm
Jan. 22 (Wed)	Riverwoods	10:00 am
Jan. 23 (Thurs)	Grayson View (do NOT need to be certified)	6:00 pm
Jan. 29 (Wed)	Heritage Springs Buffalo Valley	10:00 am 10:45 am
Jan. 30 (Thurs)	Geisinger Rehab, Health South (Certified only)	1:00 pm

January 2025

SUN 29	MON 30	TUE 31	WED Jan 1	THU 2	FRI 3	SAT 4
<ul style="list-style-type: none">1pm Advanced Training2pm Beginner Training (sign up req)				<ul style="list-style-type: none">1pm Health South Geisinger - cert		
5	6	7	8	9	10	11
<ul style="list-style-type: none">1pm Advanced Training2pm Beginner Training (sign up req)	<ul style="list-style-type: none">12:15pm 5 Star (certified only)	<ul style="list-style-type: none">12:30pm Line Mountain High Scho	<ul style="list-style-type: none">10am Riverwoods	<ul style="list-style-type: none">1:30pm Mountain View Manor		
12	13	14	15	16	17	18
<ul style="list-style-type: none">1pm Advanced Training2pm Beginner Training (sign up req)		<ul style="list-style-type: none">12pm Lewisburg Federal Prison (B	<ul style="list-style-type: none">10am Heritage Springs11am Buffalo Valley Nursing Home	<ul style="list-style-type: none">10:30am Mansion Nursing Home	<ul style="list-style-type: none">8am Shikellamy HS ATD only	
19	20	21	22	23	24	25
<ul style="list-style-type: none">1pm Advanced Training2pm Beginner Training (sign up req)	<ul style="list-style-type: none">	<ul style="list-style-type: none">12pm Allenwood Medium badged	<ul style="list-style-type: none">10am Riverwoods	<ul style="list-style-type: none">6pm Grayson View		
26	27	28	29	30	31	Feb 1
<ul style="list-style-type: none">1pm Advanced Training2pm Beginner Training (sign up req)			<ul style="list-style-type: none">10am Heritage Springs11am Buffalo Valley Nursing Home	<ul style="list-style-type: none">1pm Health South Geisinger		