



Susquehanna Trail Dog Training Club

March 2021



Old Friends

by Connie Cuff

Thinking about all the challenges we have gone through the past few months and how difficult it has been for us. We hear our news reports on TV and radio, talk to one another and discuss the issues, and we find ourselves overwhelmed at times with how different everything is.

Now, looking at our dogs we can take an example from them in how they can adapt to change, and they can teach us how to accept change with grace, dignity, and as wise teachers of the "good life". Dogs are always happy to share their passion about being alive. It's easy for them to lift our foul moods

because dogs bring their joy with them wherever they go.

Dogs appreciate life's small pleasures. I don't think they are wondering about world problems or about what they should do next, they are fully present for the joy of a belly rub or a scratch behind the ears. The problem is that we are so caught up in pursuing the Big Pleasure that we let the small pleasures slip by. Small pleasures are everywhere if we pay attention. Even all our snow has brought us some amazing works of nature, just check out Channel 16 with Mike Stevens.

Did you ever feel the hope in your dog's eyes. Some may feel it is begging or simply waiting. To be hopeful is to be always ready for something that has not yet happened. Yes, it is waiting for that biscuit, a walk, throwing a ball, etc.

When something goes wrong, those of us with two legs often love to talk about it and think about it. We are staying in the troubled past instead of moving on to the untroubled present. Dogs are having none of that, there is always something more interesting around the bend, it is time to move on.

As we feel hopeful for the days ahead and joining our Dog Club activities, may we celebrate the positive in the face of adversity and attend to the message our dogs are giving us about life, "Lighten up, enjoy the moment and forge ahead with canine curiosity".

Till next time,

Connie



Notes and Notices



Sally Bair wishes to thank everyone for their expression of sympathy with the passing of her Dad. He enjoyed coming with her to class and watching us train our dogs.

Our Club donated a check in the amount of \$100 to the Northumberland County Veterans Affairs for the program which will provide transportation for Veterans/caretakers/spouses through the Rabbit Transit. I received a very nice thank you from Jeff Wojciehoski, the coordinator.

We have renewed an application to the PA Department of State Corporations and mailed a check in the amount of \$70 which is required every 10 years.

I wish to thank everyone who up-dated our membership list. If there are any changes to the data you gave us, please send us the new information. If your dog has a new Rabies during the year I will need a copy of that also.

Please check any emails we may send regarding visitations outside of nursing homes. We hope to coordinate them in the near future.

If anyone may have information we can use in our Newsletter, please let us know.