



# Susquehanna Trail Dog Training Club

November / December 2016

## Old Friends by Connie Cuff



The holidays will soon be upon us. Take a moment now to dog-proof your plans, so you both enjoy the season minus any mishaps. Many of us are aware of these hazards but it is always good to have a reminder.

The chief dangers are: Dogs eating objects or forbidden food. Be sure food and candy are kept where dogs can't reach them. Resist the urge to share a special treat and fatty foods especially ham, which can cause life-threatening pancreatitis.

Among other threats are chocolate with dark chocolate being the most deadly. Alcohol, avocados, grapes, raisins, onions, macadamia nuts, coffee. Discarded aluminum foil and skewers coated with food. Dogs can also choke on plastic wrap.

Decorations such as tree ornaments and ribbon can cause GI lacerations. Electrical cords should be taped since electrocution is a real hazard. Mistletoe, if eaten, can cause low blood pressure and heart collapse if ingested.

Take time for quiet petting sessions, playtime and training. If social gatherings become too hectic for your dog, provide a safe haven such as a crate, away from the crowd. Provide favorite toys, safe food stuffed in toys so the dog can vent any frustrations. I do not suggest rope toys since the fibers, if ingested, can cause a bowel issue.

If the holidays stress you out, a nice brisk walk with your dog will benefit both of you.

As a year ends and a new one begins, I wish to thank everyone for their continued support in coming to class and visiting with your dog at club events.

My wish to everyone this year is to have a joyful and holy holiday filled with good friends and fond memories of the people and pets who have enriched our lives and made us the people we are today.

Till next time,

*Connie*



## Notes and Notices



**THERE ARE NO CLASSES AT THE SELINGSGROVE CENTER GYM FOR THE MONTH OF DECEMBER. CLASSES RESUME JANUARY 3.**

**Just a reminder to sign up for our annual Christmas Party on Sunday, Dec. 4 at the Hotel Edison, Sunbury at 5:00pm. You must sign up and have payment by Tuesday, Nov. 22. Cost is \$15 per person with the Club making up the difference.**

**We welcome new members: Star Puppy Class:**

**Sarah Frits with Siberian Husky, Thor  
Terri & Jim Smith with Pug, Murpy Mitten  
Amanda Ferster with Shih Tzus, Gus and Anna  
Dave Crowl with Labrador Retriever, Reuben  
Zachary Hicks with Yorkie, Mabel  
Kayleen Snyder with Mix, Diesel  
Susan Glover with Great Dane, Apollo  
Diane Dabulis with Old English Sheepdog, Cooper  
Jennifer Enigh with Boxer, Atticus  
Paige Kerstetter with Goldendoodle, Echo  
Connie Benner with Shih Tzu, Mazzie**

**I wish to thank everyone who participated in our Halloween Parades and donated candy. In the Sunbury Parade we won 1st Place with a prize of \$100. The Northumberland Parade was also a 1st Place with a prize of \$40. We couldn't have done it without the help of Joe and Kelly who provided us with the truck and prepared our Ghost Buster Poster.**

**During the holiday season it is important to think of those unfortunate residents of nursing homes who would enjoy a visit with our dogs. Please try to join us and be rewarded with some smiles that will warm your heart this holiday season.**

**If anyone has completed therapy visit awards for this year, please let me know.**

**I wish to express sympathies to Nina Rosengrant who lost her beloved Sheldon due to a car accident. She worked so very hard in training and he was loved by everyone he visited in the nursing homes.**

**I received a message from Lucas Bingaman, Deputy Co. Sheriff of Snyder Co. His office is raising money to form a K-9 Unit which will benefit Snyder, Northumberland and Juniata Counties since no K-9 Unit exists there. He asked me to spread the word to our members if anyone cares to make a donation you can contact Lucas Bingaman at [lbngman@snydercounty.org](mailto:lbngman@snydercounty.org), 570-837-4307. Also Snyder Co. Sheriff's Office, 570-837-3311.**

## UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

<b>Nov. 2 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 3 (Thurs)</b>	<b>Bloomsburg University, Student Services Center Maria Joseph Geisinger Rehab, Health South</b>	<b>9:00am - 11:00am 1:00pm 2:00pm</b>
<b>Nov. 7 (Mon)</b>	<b>Staff Wellness - Lewisburg Penitentiary (Therapy Cert.) Buffalo Valley, Lewisburg</b>	<b>10:30am - 12:30pm 6:30pm</b>
<b>Nov. 9 (Wed)</b>	<b>Riverwoods Heritage Springs Bucknell University Staff, Lewisburg Post Office Basement (Therapy Cert.)</b>	<b>10:00am 11:15am  12:30pm</b>
<b>Nov. 10 (Thurs)</b>	<b>Shamokin Hospital VNA Life Geisinger</b>	<b>12:15pm 1:15pm 2:00pm</b>
<b>Nov. 15 (Tues)</b>	<b>Lewisburg Penitentiary CAMP</b>	<b>11:45am</b>
<b>Nov. 16 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 17 (Thurs)</b>	<b>Sunbury Community Hospital Mansion Nursing Home Manor Care</b>	<b>1:00pm 1:45pm 2:15pm</b>
<b>Nov. 21 (Mon)</b>	<b>Holy Family Convent Geisinger Rehab, Health South</b>	<b>1:00pm 2:00pm</b>
<b>Nov. 22 (Tues)</b>	<b>Last Day to sign up for Christmas Party. Payment Due.</b>	
<b>Nov. 23 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Nov. 24 (Thurs)</b>	<b>HAPPY THANKSGIVING</b>	
<b>Nov. 29 (Tues)</b>	<b>Last class at the Center until Jan. 3, 2017</b>	
<b>Nov. 30 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec.1 (Thurs)</b>	<b>Vintage Knolls Geisinger Rehab, Health South</b>	<b>1:00pm 2:00pm</b>
<b>Dec. 4 (Sunday)</b>	<b>Club Christmas Party - Hotel Edison</b>	<b>5:00pm</b>
<b>Dec. 5 (Mon)</b>	<b>Five Star Bucknell University (Therapy Cert.)</b>	<b>1:00pm 6:00pm - 8:00pm</b>
<b>Dec. 6 (Tues)</b>	<b>NO CLASS AT THE CENTER</b>	
<b>Dec. 7 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>

<b>Dec. 8 (Thurs)</b>	<b>Bloomsburg University Shamokin Hospital VNA Life Geisinger</b>	<b>9:00am - 11:00am 12:15pm 1:15pm 2:00pm</b>
<b>Dec. 12 (Mon)</b>	<b>Elmcroft, Lewisburg</b>	<b>6:30pm</b>
<b>Dec. 13 (Tues)</b>	<b>NO CLASS AT THE CENTER</b>	
<b>Dec. 14 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec. 15 (Thurs)</b>	<b>Sunbury Community Hospital Mansion Nursing Home Manor Care</b>	<b>1:00pm 1:45pm 2:15pm</b>
<b>Dec. 20 (Tues)</b>	<b>NO CLASS AT THE CENTER</b>	
<b>Dec. 21 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec. 25 (Sunday)</b>	<b>MERRY CHRISTMAS</b>	
<b>Dec. 27 (Tues)</b>	<b>NO CLASS AT THE CENTER</b>	
<b>Dec. 28 (Wed)</b>	<b>Riverwoods Heritage Springs</b>	<b>10:00am 11:15am</b>
<b>Dec. 29 (Thurs)</b>	<b>Holy Family Convent Geisinger Rehab, Health South</b>	<b>1:00pm 2:00pm</b>
<b>Jan. 3, 2017 (Tues)</b>	<b>CLASSES RESUME AT THE SELINGSGROVE CENTER</b>	

**Newsletter coordinator: Brandon Pastuszek  
E-mail: [brandon@stdtc.org](mailto:brandon@stdtc.org)  
Club web site: <http://www.stdtc.org>**

# November 2016

■ Susquehanna Trail Dog Training Club  
■ US Holidays

October 2016							November 2016							December 2016								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1					1	2	3	4	5						1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24		
23	24	25	26	27	28	29	27	28	29	30	25	26	27	28	29	30	31					
30	31																					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 Halloween	1 6:30 PM Training Class 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	2 10:00 AM Riverwoods Springs 11:15 AM Heritage Springs	3 9:00 AM Bloomsburg University, Student Services Center 1:00 PM Maria Joseph Rehab, Health South 2:00 PM Geisinger Rehab, Health South	4	5
6 Daylight Saving Time Ends	7 10:30 AM Staff Wellness - Lewisburg Penitentiary (Therapy Cert.) 6:30 PM Buffalo Valley	8 Election Day 6:30 PM Training Class 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	9 10:00 AM Riverwoods Springs 11:15 AM Heritage Springs 12:30 PM Bucknell University Staff, Lewisburg Post Office Basement (Therapy Cert.)	10 12:15 PM Shamokin Hospital 1:15 PM VNA 2:00 PM Life Geisinger	11 Veterans Day	12
13	14	15 11:45 AM Lewisburg Penitentiary CAMP 6:30 PM Training Class 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	16 10:00 AM Riverwoods Springs 11:15 AM Heritage Springs	17 1:00 PM Sunbury Community Hospital 1:45 PM Mansion Nursing Home 2:15 PM Manor Care	18	19
20	21 1:00 PM Holy Family Convent 2:00 PM Geisinger Rehab, Health South	22 6:30 PM Training Class 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	23 10:00 AM Riverwoods Springs 11:15 AM Heritage Springs	24 Thanksgiving	25	26
27	28	29 6:30 PM Training Class 6:45 PM AKC STAR Puppy Class 7:15 PM Beginner Training	30 10:00 AM Riverwoods Springs 11:15 AM Heritage Springs	1 1:00 PM Vintage Knolls 2:00 PM Geisinger Rehab, Health South	2	3

# December 2016

 Susquehanna Trail Dog Training Club  
 US Holidays

November 2016							December 2016							January 2017						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5			1	2	3	4	5	6	7	8	9	10	11	12	13	14
6	7	8	9	10	11	12	4	5	6	7	8	9	10	15	16	17	18	19	20	21
13	14	15	16	17	18	19	11	12	13	14	15	16	17	22	23	24	25	26	27	28
20	21	22	23	24	25	26	18	19	20	21	22	23	24	29	30	31				
27	28	29	30				25	26	27	28	29	30	31							

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
<ul style="list-style-type: none"> <li>5:00 PM Club Christmas Party - Hotel Edison</li> </ul>	<ul style="list-style-type: none"> <li>1:00 PM Five Star</li> <li>6:00 PM Bucknell University (Therapy Cert.)</li> </ul>	<ul style="list-style-type: none"> <li>6:30 PM Training</li> <li>6:45 PM AKC STAR Puppy Class</li> <li>7:15 PM Beginner Training</li> </ul>	<ul style="list-style-type: none"> <li>10:00 AM Riverwoods</li> <li>11:15 AM Heritage Springs</li> </ul>	<ul style="list-style-type: none"> <li>1:00 PM Vintage Knolls</li> <li>2:00 PM Geisinger Rehab, Health South</li> </ul>		
4	5	6	7	8	9	10
	<ul style="list-style-type: none"> <li>CLASSES CANCELED</li> </ul>	<ul style="list-style-type: none"> <li>10:00 AM Riverwoods</li> <li>11:15 AM Heritage Springs</li> </ul>	<ul style="list-style-type: none"> <li>9:00 AM Bloomsburg University</li> <li>12:15 PM Shamokin Hospital</li> <li>1:15 PM VNA</li> <li>2:00 PM Life Geisinger</li> </ul>			
11	12	13	14	15	16	17
	<ul style="list-style-type: none"> <li>6:30 PM Elmcroft</li> </ul>	<ul style="list-style-type: none"> <li>CLASSES CANCELED</li> </ul>	<ul style="list-style-type: none"> <li>10:00 AM Riverwoods</li> <li>11:15 AM Heritage Springs</li> </ul>	<ul style="list-style-type: none"> <li>1:00 PM Sunbury Community Hospital</li> <li>1:45 PM Mansion Nursing Home</li> <li>2:15 PM Manor Care</li> </ul>		
18	19	20	21	22	23	24
		<ul style="list-style-type: none"> <li>CLASSES CANCELED</li> </ul>	<ul style="list-style-type: none"> <li>10:00 AM Riverwoods</li> <li>11:15 AM Heritage Springs</li> </ul>			
25	26	27	28	29	30	31
<ul style="list-style-type: none"> <li>Christmas Day</li> </ul>		<ul style="list-style-type: none"> <li>CLASSES CANCELED</li> </ul>	<ul style="list-style-type: none"> <li>10:00 AM Riverwoods</li> <li>11:15 AM Heritage Springs</li> </ul>	<ul style="list-style-type: none"> <li>1:00 PM Holy Family Convent</li> <li>2:00 PM Geisinger Rehab-Health South</li> </ul>		